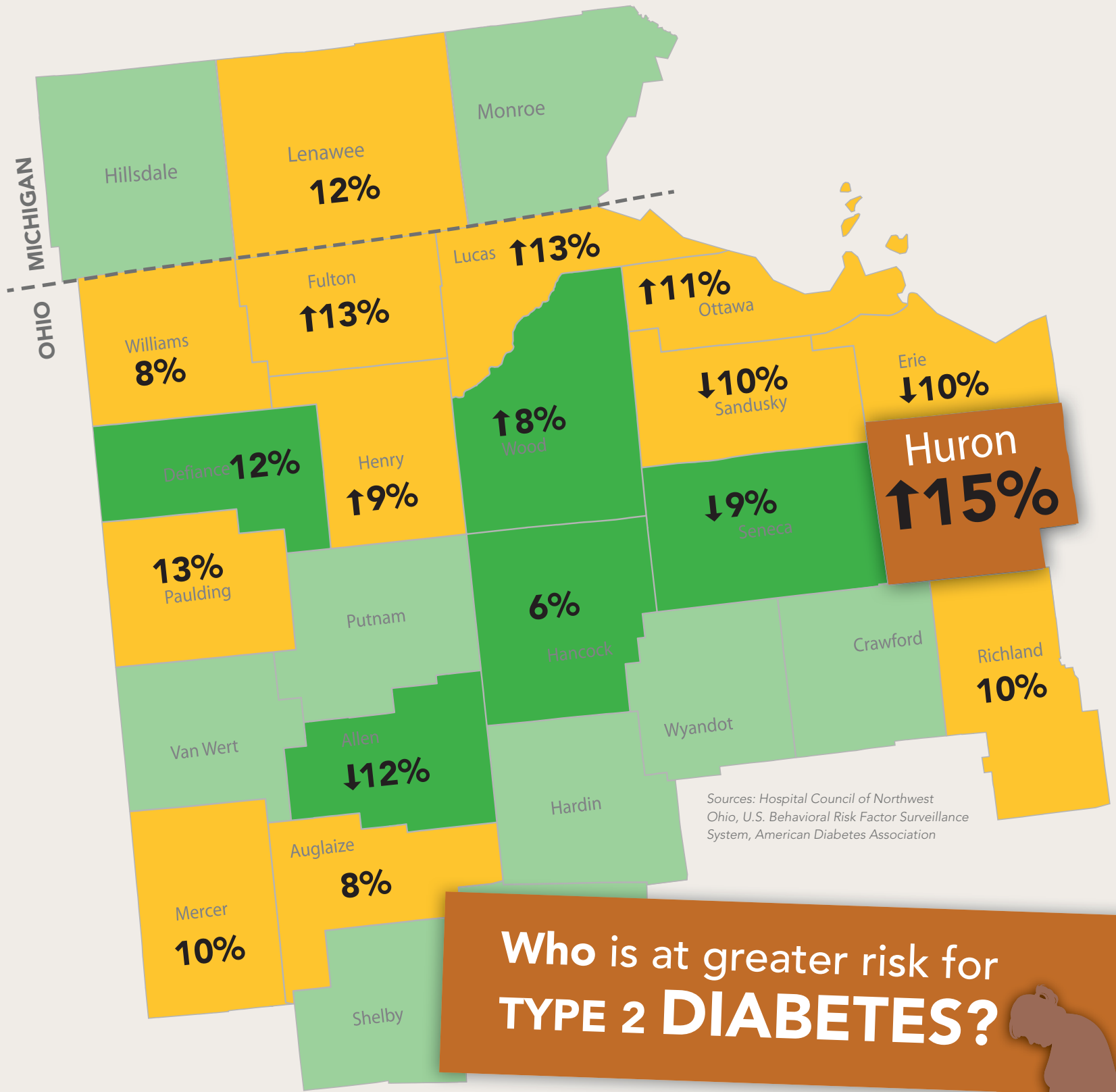


Adult **DIABETES** Rates in Northwest Ohio and Southeast Michigan

At 15%, Huron County led northwest Ohio and southeast Michigan in the rate of adults diagnosed with diabetes, according to a comparison of the latest county health assessment reports in early 2014. Huron County was one of at least six counties in the region served by ProMedica where the rate of adults diagnosed with diabetes is on the rise. Diabetes diagnosis rates in four area counties were equivalent to or higher than Ohio's rate for adults of 13%, which is higher than the U.S. rate of 11%.



Who is at greater risk for **TYPE 2 DIABETES?**



People **OLDER** than 45.

People with a **FAMILY HISTORY** of diabetes.



People who are **OVERWEIGHT** or **OBESE**.

People who do not **EXERCISE REGULARLY**.

